

The "C" in C.P.R. stands for **Confessing** all our wrongs. If we hide our guilt and don't confess our sins, Life is difficult and we are unhappy and weak. Confessing is required and forgiveness then begins.

The "P" in C.P.R. is **Prayer** for restoration of our Nation. Humbling ourselves, we pray for strength and healing, "Then I will hear".. and "forgive" and "heal their land". He's faithful to answer prayers, so let's all start kneeling.

The "R" in C.P.R. is penitent contrition by **Repenting**. To approach God's throne, sin's offense must be removed. Through the sacrifice of Jesus, repented sin is eliminated. Repenting through God's Son, we stand no longer accused.

From the poem **"C.P.R. For Our Nation"**By Dorothy Charwick